



# The Orchards - Supported Living

Creating a social hub to empower individuals living with learning difficulties to build friendships, develop skills and improve their quality of life.

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# Together we are Nugent

Nugent is a Merseyside based charity which has been caring, educating, protecting and inspiring those who are vulnerable and at-risk for over 140 years.

We are a multifaceted organisation, supporting children, young people and adults who are vulnerable or at-risk. We are the only charity in the country which runs a secure unit for children and young people who have often been transported from other ends of the country for their own safety due to factors such as criminal exploitation, sexual exploitation, challenging behaviours or often 'missing from care'.

In addition, we run several children's care homes for those who have experienced trauma, adult care homes for those suffering with dementia and brain injuries, a school for those suffering with mental health issues, a new beginnings scheme to support homelessness, an adoption service, and a huge amount of community outreach projects aimed at tackling all forms of poverty.





## The Orchards – Supported Living

A learning disability affects the way a person learns new things throughout their lifetime, meaning that they may have difficulties understanding new or complex information, learning new skills and caring for themselves or living alone. Around 1.5 million people in the UK have a learning disability and the figure is increasing.

A learning disability happens when a person's brain development is affected, either before they're born, during their birth or in early childhood. This could be caused by things such as; the mother becoming ill in pregnancy, problems during birth that stop enough oxygen getting to the brain, the unborn baby inheriting certain genes, illness or injury in early childhood. However, sometimes there is no known cause for a learning disability.

It has been proven that the appropriate accommodation and correct social setting has a strong impact on the safety and overall quality of life of those with a learning disability, while also reducing social exclusion.

The Orchards is situated in Billinge at the heart of a village community. Which offers a variety of amenities including shops, restaurants & cafés, a community centre, library as well as access to health services such as GP and dentist.

The homes are 6 bedroomed properties which have en suite facilities in all bedrooms, large living room and kitchen with the ability to use smaller lounges as family rooms or quite lounges for people who prefer to be alone at times.

The scheme will be a supported tenancy, and people will have access to a dedicated team to help support with housing benefits, understanding of tenancy agreements and how to maintain agreements.

### Onsite Communal Hub

The onsite communal hub will provide adults with learning, physical disabilities or those suffering with mental health issues a place to learn, develop and grow. It will be a safe space where they can build friendships, develop life skills in order to help them live a more fulfilled life.

# Transforming the space

We need your help. We are reaching out to businesses for support, to help transform the house into a social hub whereby our beneficiaries can build meaningful friendships, engage in activities and develop their skills.

We would like to convert each of the rooms into different spaces which would benefit from a number items as listed below;



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## Gym

- Fitness Equipment
- Rowing Machine
- Free weights
- Boxing bag, pads, gloves
- Yoga mat

## Home Cinema

- Projector
- Drop down wide screen for wide-screen movie screenings
- Sound system or speakers
- Chairs, sofa or beanbags
- Cushions

## Allotment / Horticulture Space

- Watering cans
- Spades
- Gardener's gloves
- Plant pots
- Plant and fruit/vegetable seeds
- Water feature

## Kitchen

- Dinner set
- Aprons
- Nutrition/healthy eating posters
- Plasma screen for cooking instructions
- Cook books

## Salon

- Foot spa
- Face masks
- Rocking chair/recliner chair
- Face masks
- Towels

## Learning & Development space

- PCs
- Tablets
- Whiteboard
- Notebooks
- Pens

## Music Room

- Speakers
- Keyboard
- Trolley of music instruments e.g. triangle, maracas, Castanets
- Drum set
- Karaoke set

## Sensory Room

- Sensory lights
- Beanbags
- Bubble tube
- Textured mat
- Crash pad
- Sensory fidgets



# Impact

The hub will provide a safe space for our beneficiaries living in the adjoining supported accommodation to learn, grow and develop. It will allow them to build valuable relationships and friendships as well as improve their mental health and overall quality of life.

The hub will be a space where they can take part in a range of activities within the different spaces which will help them to experience things that they deserve to enjoy.

It's a place where our beneficiaries' families can visit and they can engage in activities together. Giving our beneficiaries the opportunity to engage in different types of activities will help to build their confidence and increase their independence.

We aim to promote empowerment, choice and provide them with the support that they need to live a fulfilled life.



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## How you can help

There are many ways in which you can support this project.

- You could donate some of the items from the above lists to help fill each of the spaces.
- You could provide financial support for this project through monetary donations which will go towards transforming the space and purchasing the above items.
- You could take ownership of the whole project. Do you have different business contacts that could all chip in and help with the various parts of the transformation?



# Who you will be supporting

## Jack

My name is Jack and I have several learning disabilities which means I need extra support and care in my day to day life. I have very complex needs and I struggle with looking after myself, dealing with social situations and understanding new information.

I am non verbal but communicate with people by a series of vocal tones, facial and physical gestures and a communication book. In order for me to get the best out of life, I need staff and carers who know my complex needs. Living in a supported living accommodation with staff on hand would enable me to do the things I love.

I love socialising and meeting new people, the Hub will give an opportunity to make new friends, learn new skills and become more independent. Having trusted staff who know me well will help build my confidence and ensure I feel supported with every step.



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## Joy

My name is Joy and I struggle with learning new things, communication and reading and writing. I need an supported living service where I can do the things I enjoy whilst receive special care and support from dedicated staff.

I enjoy playing board games and making new friends, as well as having the space to enjoy visits from my family and do activities together.

Being supported by staff in the Hub will help me to gain confidence to do carry out day to day tasks on my own. Spending time with people who share similar difficulties to me will help put me at ease and will ensure I make valuable and lasting friendships as well as improve my mental well-being.



# Benefits

If you are able to support us with this project, we would be extremely grateful. Your generosity would serve a huge impact not only to the beneficiaries of this project but for all of the children, young people and adults who Nugent supports.

We would be delighted to give recognition for your kind contribution through a press release, on our company website and across our social media channels.

We would love to invite you of the grand opening of the hub and give you the chance to meet the beneficiaries that you've directly impacted by supporting this project.

On behalf of all of our beneficiaries, we would like to say a huge thank you for your consideration of this proposal. If you think you could support in any way please get in touch today.

#WeAreNugent

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