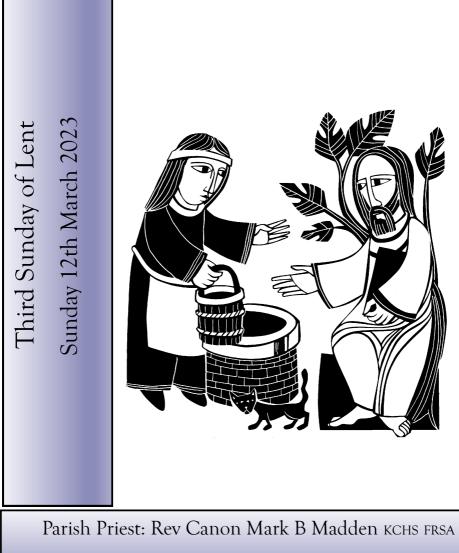


Our Lady & The English Martyrs

Litherland



0151 928 3471 englishmartyrs@rcaol.org.uk

www.ourladyandenglishmartyrs.co.uk

QUESTION OF THE WEEK

What can I do or say that will show others the living water that I have found in Jesus, the water that satisfies my spiritual thirst? Will I make that my mission this week?

HOLY COMMUNION

The Catholic Bishops of England & Wales have announced that the distribution of Holy Communion from the chalice will resume starting at the Mass of the Lord's Supper on Holy Thursday.

There will be a short meeting for all Ministers of the Eucharist on Tuesday 4 April, 7pm in church.

CATHOLIC PIC

The March edition is now available in the Parish Shop, free of charge. Fr Mark has written the main feature this month on his recent meetings in Jordan.

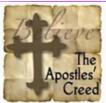


FIRST RECONCILIATION Children in Year 4 will celebrate the Sacrament of Reconciliation for the first time starting this week. Please keep them in your prayers.



THE SACRED TRIDUUM 2023				
Holy Thursday	Mass of the Lord's Supper	7.00 pm		
	Watching at the Altar of Repose Night Prayer	10.00pm		
	Nght i ruyor	10.000111		
Good Friday	Solemn Celebration of the Passion	3.00 pm		
Holy Saturday	Easter Vigil & 1st Mass of Easter	8.30 pm		
Easter Sunday	Mass of Easter Day	10.30am		

The Apostles' Creed During the Seasons of Lent & Easter, the Apostles Creed is said:



I believe in God, the Father almighty, Creator of heaven and earth. and in Jesus Christ, his only Son, our Lord, At the words that follow, up to and including 'the Virgin Mary', all bow. who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell: on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

LENTEN SUNDAYS

Stations of the Cross and Benediction is being celebrated each Sunday of Lent at 4.00pm Please make every effort to come along to this special Lenten devotion.

LENTEN ALMS

We are encouraged to make a financial contribution during the 6 week period of Lent. You will find the Lenten Alms box near the Lady Chapel at the front of church.

Masses & Services for the coming week

DATE	MASS INTENTIONS & SERVICES	
Saturday 11th March	4.30pm People of the Parish	
Sunday 12th March	10.30am	
Third Sunday of Lent	Doreen Cheetham	
Monday 13th March	10.00am	
	Maureen Roach	
Tuesday 14th March	10.00am	
	Ann Feeney	
Wednesday 15th March	NO MASS	
Thursday 16th March	10.00am	
	Brian Blundell	
Friday 17th March	10.00am	
	John Fairclough	
Saturday 18th March	4.30pm	
	Marie Stone	
Sunday 19th March	10.30am	
Fourth Sunday of Lent	People of the Parish	

SACRAMENT OF RECONCILIATION

The Sacrament of Reconciliation is celebrated Saturday 4.00p.m- 4.25pm

SUNDAY THOUGHTS

At first the woman was befuddled by this stranger. Why would this Jewish man speak to her, an unaccompanied Samaritan woman? And why did he come to Jacob's well without a



bucket or jug? Then she was amazed. Somehow he knew her entire marriage history and that she was not married to the man she lived with. Finally, she believed. At first she recognised him as a prophet, then she realised he was the Messiah himself. Over the course of an extraordinary conversation, she came to believe, and her newfound faith led her to go forth to testify to her neighbours about the Christ.

Today we celebrate the first of three Scrutiny Sundays. It is an occasion to look deeply and honestly into our own hearts to uncover and heal whatever is sinful and bring forth what is good so that it may be strengthened. When Jesus encountered the woman at the well, he looked deep within her and saw her history, and he also sparked that flicker of faith deep within her, faith in a Messiah who would tell her everything. Immediately she became his missionary, testifying to everyone she knew about what he had said and done, telling everyone that he really was the One.

The waters of baptism cleanse us of our sins even as they quench our spiritual thirst. The water God provided for the Chosen People in the desert did as well. God could have punished them for disparaging Moses and questioning God. Instead, God provided water, giving them sustenance and forgiveness. Jesus could have shamed the woman for her many marriages, but instead he offered her living water, water to give her life eternal. Similarly, we do not deserve the life-giving water we receive in baptism, but Jesus offers it to us, as Paul would say, while we are still sinners, in mercy and loves us.

MARRIAGE ENCOUNTER WEEKEND - Online

An opportunity to deepen your life and faith as a couple through this retreat. The next date available is 13 and 14 May 2023. The programme is delivered by experienced laity couples and a priest and is supported by the Bishops Conference. Full details of these experiences can be found on their website: https://wwme.org.uk

INCE BENET RETREAT DAYS IN LENT

During Lent there will be various opportunities for groups and individuals to make the most of the season of prayer and renewal. Please make enquiries for further details / bookings to ince.benet@gmail.com or phone Martin and Maria Bennett on 07931902346

Quiet days in Lent: [Wed 15th Friday 24th, Monday 27th March] Individuals can spend a day or half a day organising their own prayer / reading or make use of suggested scripture passages suitable for Lent / Holy Week and walk in the woods.

Lent as a season of growth: [Wed 22nd March]

Guided day of reflection and sharing, reflecting on how the disciplines of prayer and fasting were an integral part of Jesus' life helps us to see Lent as a period of growth.

Eden to Gethsemane via the desert: [Wed 15th March; Thursday 23rd March

Guided day of reflection and sharing: Temptation in the two gardens. A day spent in the two scriptural gardens to understand the nature of temptation and ways of responding to it in the light of Jesus' 40 days in the desert.

WANTED - CATHEDRAL STEWARDS

Small cogs often play a vital part in helping a big machine run smoothly. It's rather like that with Cathedral stewards who act as the link between Cathedral and congregation, making sure everyone feels welcome and can participate fully in the main services, whether presenting the offertory gifts, contributing to collections or receiving communion. The Cathedral needs more people to volunteer for this important role, both on a regular weekly basis and for occasional extra events. If you would like to be more involved in the Cathedral community, or know someone enjoy meeting people and are good at organising then perhaps this call is for you! In the first instance please contact Claire Hanlon on c.hanlon@metcathedral.org.uk

POPE FRANCIS PRAYER INTENTION FOR MARCH For victims of abuse

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.



Lord in your mercy...

SANCTUARY LAMP

Did you know that this candle is one of the most important candles lit in Roman Catholic Churches? The General Instruction of the Roman Missal states: "In accordance with tradition, near the tabernacle a special lamp should be kept alight to indicate and honour the presence of Christ in the tabernacle". It is a sign that the Lord is present in the tabernacle and a reminder of Christ's abiding love for us. This candle is continuously lit except from Holy Thursday evening - Holy Saturday night. Each candle lasts approximately 7 days before it is renewed.

Would you like to dedicate the Sanctuary Lamp to a loved one, living or dead. or for a specific intention? The cost is just £5. If you would like a dedication for a week, place your £5 and the intention inside an envelope with SANCTUARY LAMP on the envelope and we will publish the intention each week in the parish newsletter.

ST OSCAR ROMERO MASS

To mark the feast of St Oscar Romero, there is a Mass followed by talk "Responding to the Cry of the Poor Today" at 7:00pm on Thursday 23 March 2023, in Saint Edmund of Canterbury Church, Waterloo.

Outside of El Salvador, the Archdiocese of Liverpool is the only place to hold a Mass to mark the martyrdom of Archbishop Romero every year since his assassination. This is the 43rd anniversary mass to be held.

After the Mass, there will be refreshments and a talk by Peggy Healy.



The North Merseyside Newman Association

The association will be presenting a talk on "The Building of the Cathedral" by Dr. Philip Harrison, the resident Architect who worked closely with Sir Frederick Gibberd. Please join us at St. Helen's Parish Centre, Crosby L23 7TQ. Light refreshments are at 7.15 pm before the talk begins at 7.30 pm on Thursday 16 March. There is no charge and free parking.

EASTER BINGO

Tickets will be on sale after Masses this weekend for the Easter Bingo and raffle. Bingo to be held in the hall on Wednesday 29 March

IRENAEUS FOOD CUPBOARD

Thank you for all the support and donations you give for the Foodbank and huge thanks to Chris & Mary for coordinating our efforts.

The Irenaeus Project in Waterloo has contacted Fr Mark to ask for help in replenishing their food cupboard which is open to anybody in need and especially families in difficult situations. They are particularly wanting the following:

Tins of custard, rice pudding, fruit, tuna, Heinz tomato soup, corned beef, ham and chopped pork.

Sugar, coffee, cereal, biscuits.

Household cleaning items, washing tablets, washing up liquid. Shampoo and toothpaste.

For more information on the food cupboard: www,<u>irenaeus.co.uk</u> and click on 'our outreach'.

FEAST OF THE WEEK

Blessed John Anne (-1589)

It is hard to know who he was. He may have been John Amias, born at Wakefield in Yorkshire, where he married and had a family: on his wife's death he divided his property among his children and left for the Continent to become a priest. In this case the surname "Anne" would be an alias. But equally he may have been William Anne, youngest son of John and Katherine Anne, of Frickley near Wakefield. In any case, on 22 June 1580 a widower calling himself "John Amias" entered the English College at Rheims to study for the priesthood. He was ordained a priest in Rheims Cathedral on 25 March 1581 and on 5 June he set out for Paris and then England, as a missionary, in the company of another priest, Edmund Sykes. Little is known of his missionary life. Towards the end of 1588 he was arrested at the house of a Mr. Murton at Melling in Lancashire and imprisoned in York Castle. He was hanged, drawn and quartered outside York on 16 March 1589, together with a fellow priest, Robert Dalby. Both were beatified by Pope Pius XI on 15 December 1929.

MICAH LIVERPOOL

Micah Liverpool is a social justice charity that has been set up by Liverpool Cathedral, Liverpool Metropolitan Cathedral of Christ the King and St Bride's Church to relieve Liverpool residents from social injustice and poverty. We are currently running projects to combat unemployment and deliver emergency food aid and affordable food.

They are looking to recruit more volunteers for all of its food aid activity. They run four projects Tuesday to Friday between 10.30am and 12.30pm and are looking for people who would like to get involved and give something back to their communities.

They are also asking for people who have language skills to apply for volunteering roles as we support such a diverse range of people. They have multiple roles including foodbank volunteer, community market volunteer, administration volunteer and stores person volunteer.

If you think you can support Micah Liverpool in any of those roles and would like to find out more contact Paul O'Brien via paul.obrien@liverpoolcathedral.org.uk or call 07932 842337

ENGLISH MARTYRS JOSPICE "200 CLUB" MARCH DRAW

1st	£20	No. 105	B White
2nd	£15	No. 180	M Harwood
3rd	£10	No. 10	R Poyner
4th	£10	No. 73	R Chew



Numbers are still available if you wish to join and support this wonderful institution. See Myra Lovelady

ANOINTING OF THE SICK

At a recent meeting of the Deanery priests they decided to offer the sacrament of the sick after Friday Mass each week in Lent. This is not for multiple anointings - it is to awaken awareness of this wonderful healing sacrament and to invite anyone who is sick, going into hospital, anxious or mentally frail to come and receive Gods help and strength. Every Friday after morning Mass (about 10.30am).



SANCTUARY LAMP

The Sanctuary Lamp for the coming week is for:

'Private intention (Jean Roach)'

Come and Sing

The cathedral is hosting a come and sing event for singers of all ages and abilities in March. Why not come along on Saturday, 25 March and join a massed choir under the baton of archdiocese Choral Director Joe Watson?



Metropolitan Cathedral of Christ the King Liverpool

A 'come and sing' choir is a group of individuals (or sometimes an established choir/singing group) that joins together with other like-minded people to form a special choir for a day. On Saturday, 25 March, all of our singers will come together for the first time in the afternoon, rehearse together, and then perform in the evening! YouTube rehearsal links are provided to all participants so that they can practice and familiarise themselves with their parts ahead of the day. Reading music is not a prerequisite as music can be learnt with the YouTube links.

CAFOD's online Lent Calendar

CAFOD have a lovely online calendar available for Lent which has reflections, readings and prayers for each day. Scan this QR code on the camera on your smart phone and it will take you to each day. You can also 'catch up' on previous days.



UNWANTED GIFTS? If you have any unwanted gifts please pass them in to the Parish Office. Donations of bottles also gratefully accepted please for our fundraising activities this coming year.

CAFOD's Big Lent Walk

Lent began on Ash Wednesday on 22nd February. CAFODs challenge is to walk 200km over 40 days to help people overcome poverty. You can still register to walk, run, skip, or stroll your 200km, (5k a day)



when and where you choose, alone or with friends. You'll be among thousands of people up and down England and Wales conquering your 200km targets in time for Easter. Remember: every step you take is a step closer to a fairer world. Let's tell poverty to jog on! Sign up <u>www.walk.cafod.org.uk</u>. Bernie has signed up and is on the move again!! If you would like to help her achieve her £200 target donation you can do so - https://cafod.enthuse.com/pf/bernadette-coxon

GLOBAL RECYCLING DAY 18th

MARCH English Martyrs School Eco Councillors are asking for any clothes and shoes donations to put into the clothes recycling bin (next to the school gate) towards the end of next week. Bin will be emptied on Friday morning so any donations before then would be greatly appreciated. All clothes donated are not sold on anywhere, they are weighed in and a cash donation is made to the school. Home delivery pick up if anyone can't carry bags

contact Andrea – 07803 778991.



WHAT'S ON AT THE IRENAEUS CENTRE

CRAFT WORKSHOP 1pm-4pm 20th March

WALKING IN HOPE A journey through Lent Tuesday evenings in March 7pm-8.30pm

KNIT AND NATTER 10:30 - 12 noon Tuesdays GODLY PLAY 12 Noon Tuesdays Praying creatively SONGS WE REMEMBER Wednesday 22nd March '23 2pm - 4pm BEREAVEMENT SUPPORT 1.30pm Thursdays ART AND MEDITATION 2-4pm

Thursdays

MASS EVERY WEDNESDAY 12 NOON





Johann Sebastian Bach St Matthew Passion

Bach's setting of St Matthew's account of the Passion of Christ features two choruses and two orchestras. The Singers and Players of the Collective will include eight vocal soloists: Barbara Ruzsics & Annamarie Newton *sopranos*, Daniel Townley & Angelina Dorlin-Barlow *altos*, David Woods & James Botcher *tenors* and Stuart O'Hara & Armand Rabot *basses*, who will be joined by Nicholas Mulroy as Evangelist and Lawrence White as Christus.

The performance will be given in a liturgical context, and admission will be only by ticket (for which there is no charge). Tickets will be available from 25 February online at **www.eventbrite.co.uk** (on the home page, search for **St Matthew Passion** or by date). Any unallocated tickets will be available at the door.

Saturday 25 March 2023 at 7.00pm

at the Church of Our Lady & St Nicholas (Liverpool Parish Church) Old Churchyard, Liverpool L2 8TZ



Archdiocese of Liverpool CIO no 1199714